

UNIVERSITY OF ORADEA



**DEPARTMENT OF PHYSICAL EDUCATION, SPORTS
AND PHYSICAL THERAPY**

The Faculty of Geography, Tourism and Sports



**THE INTERNATIONAL SCIENTIFIC CONFERENCE
- The 42nd Edition -**

***„PHYSICAL EDUCATION AND SPORTS IN THE
BENEFIT OF HEALTH”***

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Associate prof. Gheorghe LUCACIU Ph.D.

*Department of Physical Education, Sports and Physical Therapy, FGTS
Oradea*

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Senior lecturer Sorin BUHAȘ Ph.D
Junior lecturer Bogdan STURZU
Junior lecturer Anca DEAC

GENERAL PROGRAM OF THE CONFERENCE

Friday, 28th October 2016;

REGISTRATION OF PARTICIPANTS

(09⁰⁰ – 10⁰⁰)

**University of Oradea Library
Conference Hall, Ground Floor**

OPENING CEREMONY

(10⁰⁰ – 10²⁰)

Opening speach – prof. Alexandru ILIEȘ Ph.D

Opening speach – associate prof. Gheorghe LUCACIU Ph.D

PLENARY SESSION - Keynote speakers

(10²⁰ – 12⁴⁰)

University of Oradea Library - Conference Hall, Ground Floor

SESSION MODERATOR

Associate prof. Gheorghe LUCACIU Ph.D

Keynote speaker: 10.20 – 10.40

1. Bone and its relationship with skeletal muscle

Daniel COURTEIX, University Blaise Pascal, Clermont Ferrand, France

Keynote speaker: 10.40 – 11.00

2. Using open source software Kinovea and Tracker to analyze sports techniques

Ana FARO, University of Coimbra, Coimbra, Portugal

Keynote speaker: 11.00 – 11.20

3 Is there a role for physical exercise on appetite control in children?

David THIVEL, University Blaise Pascal - Clermont Ferrand, France

Keynote speaker: 11.20 – 11.40

4. Is The Identity of School Physical Education, or How to Tackle Critical Pedagogy and Post-Modernist Inheritance

Francisco SOBRAL, University Algarve, Portugal

Keynote speaker: 11.40 – 12.00

5. Does physical activity counteract aging's physical decline?

Julien VERNEY, University Blaise Pascal - Clermont Ferrand, France

Keynote speaker: 12.00 -12.40

6. The stability of the abdominal-lumbar-pelvic nucleus – essential element of the postural control

Carmen ŞERBESCU, University of Oradea, Faculty of Geography, Tourism and Sport, Oradea

Lunch break (13⁰⁰ - 14⁰⁰)
University Restaurant

POSTER PRESENTATION

(14⁰⁰ – 15³⁰)

University of Oradea Library

SESSION MODERATOR

Associate prof Carmen ȘERBESCU Ph.D

Associate prof. Paul DRAGOȘ Ph.D

1. The contribution of play fighting to the emotional development of children

Ioan TRIFA, University of Oradea, Oradea, Romania

2. Postural disorders in amateur bodybuilders

Dorina IANC, University of Oradea, Human Performance Research Center, Oradea, Romania

Mircea CHIRIAC, University of Oradea, Oradea, Romania

Alexandru SZABO, AtoMedical Vest, Oradea, Romania

3. The rules of football - the laws of the game - analysis of the latest changes (laws 1-7)

Gheorghe DUMITRESCU, University of Oradea, Oradea, Romania

4. Aspects related to the conduct of the physical education class in primary school

Dana Ioana CRISTEA, University of Oradea, Oradea, Romania

Anca Maria SABĂU, University of Oradea, Oradea, Romania

5. The effect of physical activity upon body composition in adult women

Klára NAGY, “Babeș-Bolyai” University Cluj-Napoca, Doctoral School of Physical Education and Sport

Iacob HANȚIU, “Babeș-Bolyai” University Cluj-Napoca, Doctoral School of Physical Education and Sport

6. Aspects regarding emotional motivation and its role in the management of sports organizations

Paul DRAGOȘ, University of Oradea, Oradea, Romania
Sorin BUHAȘ, University of Oradea, Oradea, Romania

7. Movement potential and body composition in secondary school children from the Bihor–Hajdú-Bihar Euroregion

Norbert Csaba LUKÁCS, “Babeș-Bolyai” University Cluj-Napoca, Doctoral School of Physical Education and Sport

8. Analysis of the evolution of the women' representative basketball team of the '1 Decembrie 1918' University from Alba Iulia in European competitions during the competition seasons 2014-2015, respectively 2015-2016

Sorin ȘIMON, University "1 Decembrie 1918", Alba Iulia, Romania

9. Efficacy of a physical therapy program in ameliorating the functional parameters and the life quality of patients with coxarthrosis

Doriana CIOBANU, University of Oradea, Oradea, Romania
Carmen ȘERBESCU, University of Oradea, Oradea, Romania

10. The importance of artistic preparation in gymnastics

Mihai ILLE, University of Oradea, Oradea, Romania
Lenuța SĂULEANU, CNS “Cetate”, Deva, Romania

Coffee break (15³⁰ – 15⁴⁵)

**University of Oradea Library
Conference Hall, Ground Floor**

Friday, 28th of October 2016
WORKSHOP SECTIONS (between 16⁰⁰ – 18⁰⁰)

Physical Education Section

Athletics Hall

16⁰⁰- 18⁰⁰ –Aspects regarding the development of explosive force and acceleration velocity in secondary school children

Trainers: senior lecturer **Marius MARINĂU Ph.D**
senior lecturer **Mirela ȘTEF Ph.D**
associate prof. **Gheorghe LUCACIU Ph.D**
University of Oradea, DEFSK

Physical Education Section

Gym Hall

16⁰⁰- 18⁰⁰ –Teaching styles in physical education – pre-academic and academic education

Trainers: senior lecturer **Dana CRISTEA Ph.D**
senior lecturer **Anca SABĂU Ph.D**
senior lecturer **Anca POP Ph.D**
senior lecturer **Mihai ILLE Ph.D**
University of Oradea, DEFSK

Physical Education Section

University Stadium

16⁰⁰- 18⁰⁰ –Possession – progression in the football game, the under 19 category. System 1-4-2-3-1

Trainers: prof **Gheorghe DUMITRESCU Ph.D**
prof **Lucian STANCE**
senior lecturer. **Sorin BUHAȘ Ph.D**
senior lecturer **Petru PEȚAN Ph.D**
University of Oradea, DEFSK

Dinner (19⁰⁰- 21⁰⁰)
Restaurant