

**UNIVERSITY OF ORADEA**



**DEPARTMENT OF PHYSICAL EDUCATION, SPORTS  
AND PHYSICAL THERAPY**

**Faculty of Geography, Tourism and Sports**



**INTERNATIONAL SCIENTIFIC CONFERENCE  
- 43<sup>rd</sup> Edition -**

***„PHYSICAL EDUCATION AND SPORTS IN THE  
BENEFIT OF HEALTH”***

**CHAIRPERSON OF THE CONFERENCE**

**Associate prof. Gheorghe LUCACIU Ph.D.**

*Department of Physical Education, Sports and Physical Therapy,  
FGTS Oradea*

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Senior lect. Mirela Ștef Ph.D  
Senior lect. Sorin Buhaș Ph.D  
Junior lect. Bogdan Sturzu Ph.D  
Junior lect. Anca Deac, Ph.D candidate

**GENERAL PROGRAM OF THE CONFERENCE**

**Friday, 20th October 2017**

**09<sup>00</sup> – 10<sup>00</sup>**

**REGISTRATION OF PARTICIPANTS**

**University of Oradea Library  
Conference Hall, Ground Floor**

**10<sup>00</sup> – 10<sup>30</sup>**

**OPENING CEREMONY**

**Opening speach – prof. Alexandru ILIEȘ Ph.D**

**Opening speach – associate prof. Gheorghe LUCACIU Ph.D**

**orele 10<sup>30</sup> – 12<sup>00</sup>**

**PLENARY SESSION - Keynote speakers**

**University of Oradea Library - Conference Hall, Ground Floor**

**COMMISSION**

**Assoc. prof. Gheorghe LUCACIU Ph.D**

**Keynote speaker 1: 10.30 – 11.00**

**Keynote speaker 2: 11.00 – 11.30**

**Keynote speaker 3: 11.30 – 12.00**

**1. The logics of sport and physical education.**

**Jan-Erik EKBERG**, Faculty of Education and Society, Malmö University, Sweden

**2. Analysis of the determining factors in making the decision to train professionally as a physical therapist in South-Eastern and North-Eastern Romania.**

**Dan Iulian ALEXE**, Faculty of Mooving Sciences, Sport and Health, Bacău, Romania

**3. New assessment methods in physical education and sports.**

**Raluca COSTACHE**, National University of Physical Education and Sports, Interdisciplinary Research Center, Bucharest, Romania

**Coffee break (12<sup>00</sup> - 12<sup>30</sup>)**  
**Conference Hall, Ground Floor**

**12<sup>30</sup> – 14<sup>30</sup>**  
**POSTER PRESENTATION**  
**University of Oradea Library**

**COMMISSION**

**Associate prof. Dana Ioana CRISTEA Ph.D**

**1. The efficiency of kinetotherapy in the development of rough motor function, in integrating reflexes and reducing spasticity, in a child with cerebral motor infirmity.**

**Andrei HUPLEA**, University of Oradea, Faculty of Geography, Tourism and Sport

**Doriana Ioana CIOBANU**, University of Oradea, Faculty of Geography, Tourism and Sport

**2. Aspects regarding movement possibilities to optimize the third part of the physical education class.**

**Dana Ioana CRISTEA**, University of Oradea, Faculty of Geography, Tourism and Sport

**Anca Maria SABĂU**, University of Oradea, Faculty of Geography, Tourism and Sport

**Aurelian CRISTEA**, Greek-Catholic High School, Oradea, Romania

**Luminița MORAR**, Children's Palace, Oradea, Romania

**3. The use of various devices and installations in the rehabilitation of the upper body.**

**Ana Andreia GRAIȚARU**, General Surgery Block, Neamț County Emergency Hospital, România

**4. Theoretical and Practical-Methodical Approach to Primary Selection in Basketball.**

**Ioan FEFLEA**, University of Oradea, Faculty of Geography, Tourism and Sport

**Eugen ROȘCA**, University of Oradea, Faculty of Geography, Tourism and Sport

**Călin POP**, Ph.D candidate, University of Oradea, Faculty of Geography, Tourism and Sport

**5. Aspects regarding effects of physical activity and nutrition on young women between 19-24 years.**

**Mirela ȘTEF**, University of Oradea, Faculty of Geography, Tourism and Sport

**Alina SUCIU**, University of Oradea, Faculty of Geography, Tourism and Sport

**Marius MARINĂU**, University of Oradea, Faculty of Geography, Tourism and Sport

**6. Studies and research on the role of communication in motivating employees from sport organizations.**

**Paul DRAGOȘ**, University of Oradea, Faculty of Geography, Tourism and Sport

**Gheorghe LUCACIU**, University of Oradea, Faculty of Geography, Tourism and Sport

**Ioan TRIFA**, University of Oradea, Faculty of Geography, Tourism and Sport

**7. Aspects regarding the role of affective motivation in sport organizations management.**

**Paul DRAGOȘ**, University of Oradea, Faculty of Geography, Tourism and Sport

**Sorin BUHAȘ**, University of Oradea, Faculty of Geography, Tourism and Sport

**8. Some aspects of the existing reality in the relationship between theoretical knowledge and effective practice of physical exercises for the purpose of health optimization.**

**Lucian-Florin MĂZĂRESCU**, „Gemenele,, Gymnasium School, Brăila, Romania

**9. Optimizing mental capacity through functional training for people aged 25-30 years.**

**Corina ȚIFREA**, National University of Physical Education and Sports, Bucharest, Romania

**Georgiana Elena HARJA**, National University of Physical Education and Sports, Bucharest, Romania

**10. Horizontal jumps in women's athletics – Biomechanical analysis.**

**Raluca COSTACHE**, National University of Physical Education and Sports, Bucharest, Romania

**11. Posture improvement through assessment and electronic somatoscopic and podoscopic exercise programs applied individually – case study.**

**Corina ȚIFREA**, National University of Physical Education and Sports, Bucharest, Romania

**Adina GEAMBAȘU**, National University of Physical Education and Sports, Bucharest, Romania

**Raluca COSTACHE**, National University of Physical Education and Sports, Bucharest, Romania

**Virgil TEODORESCU**, National University of Physical Education and Sports, Bucharest, Romania

**Coffee break (14<sup>30</sup> – 14<sup>45</sup>)**  
**University of Oradea Library**  
**Conference Hall, Ground Floor**

**WORKSHOP SECTIONS (15<sup>00</sup> – 17<sup>00</sup>)**

**Physical Education Section**

**Gym Hall**

**15<sup>00</sup> - 17<sup>00</sup> – Physical education in the preparatory class and I<sup>st</sup> class - means and action strategies.**

**Trainers:** associate prof. **Dana CRISTEA Ph.D**

senior lecturer **Anca SABĂU Ph.D**

senior lecturer **Anca POP Ph.D**

senior lecturer **Mihai ILLE Ph.D**

University of Oradea, DEFSK

**Physical Education Section**

**University Stadium**

**15<sup>00</sup> - 17<sup>00</sup> – Methods used to learn the technical procedures of ball trapping-passing for 10-11-years-old children; didactic progression.**

**Trainers:** prof. **Gheorghe DUMITRESCU Ph.D**

senior lecturer **Sorin BUHAS Ph.D**

senior lecturer **Petru PEȚAN Ph.D**

pre univ. school prof. **Gheorghe GHIT**

University of Oradea, DEFSK

**Dinner (18<sup>00</sup> - 22<sup>00</sup>)**  
**Restaurant**