

**PREȘEDINTELE CONFERINȚEI**

**prof. univ. dr. Gheorghe Dumitrescu**

**COMITETUL ȘTIINȚIFIC**

Prof. univ. dr. Daniel Courteix (Franța)

Prof. univ. dr. Miklos Bánhidi (Ungaria)

Prof. univ. dr. Herman VanCoppenolle, (Belgia)

Prof. univ. dr. Zbigniew Jastrzebski (Polonia)

Prof. univ. dr. Ana Faro (Portugalia)

Prof. univ. dr. Carlos Eduardo Goncalves (Portugalia)

Prof. univ. dr. Klára Batta (Ungaria)

Prof. univ. dr. Iacob Hanțiu

Prof. univ. dr. Vasile Marcu

Prof. univ. dr. Vasile Bogdan

Prof. univ. dr. Vasilica Grigore

Prof. univ. dr. Liliana Mihăilescu

Prof. univ. dr. Marian Dragomir

Prof. univ. dr. Gheorghe Dumitrescu

Conf. univ. dr. Marin Chirazi

Conf.univ.dr. Doriana Ciobanu

Conf. univ. dr. Dorina Ianc

Lect. univ. dr. Paul Dragoș

Lect. univ. dr. Ioan Feflea

Lect. univ. dr. Ioan Trifa

Lect. univ. dr. Emilian Tarcău

## **COMITETUL DE ORGANIZARE**

Conf. univ. dr. Doriana Ciobanu  
Conf. univ. dr. Isabela Lozincă  
Conf. univ. dr. Dorina Ianc  
Conf. univ. dr. Carmen Șerbescu  
Lect. univ. dr. Ioan Feflea  
Lect. univ. dr. Ioan Trifa  
Lect. univ. dr. Dana Cristea  
Lect. univ. dr. Paul Dragoș  
Lect. univ. dr. Alina Suciu  
Lect. univ. dr. Marius Marinău  
Lect. univ. dr. Emilian Tarcău  
Lect. univ. dr. Paul Szabo-Alexi  
Lect. univ. dr. Mariana Szabo-Alexi  
Lect. univ. dr. Anca Sabău  
Lect. univ. dr. Mihai Ille  
Lect. univ. dr. Anca Pop  
Asist. univ. dr. Mirela Ștef  
Asist. univ. Anca Deac

## **PROGRAMUL GENERAL AL CONFERINȚEI**

**Vineri, 23 Octombrie 2015:**  
**orele 09<sup>00</sup> – 10<sup>00</sup>**

**PRIMIREA PARTICIPANȚILOR**  
Biblioteca Universității din Oradea  
Sala de conferințe, Parter

**orele 10<sup>00</sup> – 10<sup>20</sup>**  
**DESCHIDEREA FESTIVĂ**

Alocuțiune – prof.univ.dr. Alexandru ILIEŞ  
Alocuțiune – prof.univ.dr. Gheorghe DUMITRESCU

**orele 10<sup>20</sup> – 12<sup>00</sup>**  
**EXPUNERI ÎN PLEN - Keynote speakers**  
Biblioteca Universității din Oradea, Sala de conferințe, Parter

### **COMISIE**

**Prof. univ. dr. Gheorghe DUMITRESCU**  
**Conf. univ. dr. Izabela LOZINCĂ**  
**Lector univ. dr. Paul DRAGOŞ**

### **Keynote speaker: 10.20 – 10.40**

**1. Analiza relației dintre Educația fizică școlară și deficiențele somatice (supraponderabilitatea) la elevii ciclului gimnazial**  
Marin CHIRAZI – University “Alexandru Ioan Cuza” Iași

### **Keynote speaker: 10.40 – 11.00**

**2. Content knowledge in Physical Education; perspectives on knowledge legitimate within the subject**  
Jan-Eric Ekberg - Department of Sport Sciences, Malmö University, Sweden

**Keynote speaker: 11.00 – 11.20**

**3. Safeguarding youth sport - Stimulating the individual empowerment of elite young athletes and a positive ethical climate in sport organisations**

**Alina SUCIU** – University of Oradea, Faculty of Geography, Tourism and Sport, Oradea

**Keynote speaker: 11.20 – 11.40**

**4. Contributions regarding the use of Multimedia Systems in volleyball game**

**Paul SZABO-ALEXI** – University of Oradea, Faculty of Geography, Tourism and Sport, Oradea

**Keynote speaker: 11.40 – 12.00**

**5. Home rehabilitation in psoriatic arthropathy**

**Elena SÎRBU** – West University of Timișoara, Faculty of Physical Education and Sport, Department of Kinetotherapy and Special Motion

**Pauză de cafea (12<sup>00</sup> – 12<sup>20</sup>)**  
**Biblioteca Universității din Oradea**

**orele 12<sup>20</sup> – 13<sup>30</sup>  
PREZENTĂRI POSTER  
Biblioteca Universității din Oradea**

**COMISIE**

**Conf. univ. dr. Doriana CIOBANU**

**Lector univ. dr. Ioan FEFLEA**

**Lector univ. dr. Dana CRISTEA**

**1. A meta-analysis of the results obtained from the school screening programs**

**Bela Jozsef BALLA**, University Babeș-Bolyai Cluj-Napoca, Doctoral School of Physical Education and Sport

**Jacob HANTIU**, University Babeș-Bolyai Cluj-Napoca, Doctoral School of Physical Education and Sport

**2. Sport management – science and art**

**Sorin Dacian BUHAŞ**, University of Oradea, Faculty of Geography, Tourism and Sports

**3. Hip joint and biometric potential assessment in football tennis for injury prevention**

**Doriana CIOBANU**, University of Oradea, Faculty of Geography, Tourism and Sport

**Kristian ACS**, University of Oradea, Faculty of Geography, Tourism and Sport,

**Dorina IANC**, University of Oradea, Faculty of Geography, Tourism and Sport

**4. Comparative analysis of the types and incidence of injuries in the game of football and rugby**

**Marin CHIRAZI**, University "Alexandru Ioan Cuza" of Iași

**5. Considerations regarding creativity in physical education class**

**Dana Ioana CRISTEA**, University of Oradea, Faculty of Geography, Tourism and Sports

**6. Aspects regarding training and matches of F.C. Oradea university football team season 2014 – 2015**

**Gheorghe DUMITRESCU**, University of Oradea, Faculty of Geography, Tourism and Sports

**7. The strength, the basic movement quality in selecting children for the artistic gymnastics**

**Gina GROZA GOGEAN**, The university “1 December 1918” Alba Iulia, Romania

**8. *Nymphaea lotus var. Thermalis*, rezervatia naturala Pârâul Pețea (judetul Bihor, Romania), brand pe cale de disparitie pentru sistemul turistic Băile Felix - Băile 1 mai (Romania)**

**Alexandru ILIEŞ**, University of Oradea, Faculty of Geography, Tourism and Sport, Departamentul de Geografie, Turism si Amenajarea Teritoriului

**Raluca BUHAŞ**, University of Oradea, Departamentul de Sociologie si Asistenta Sociala

**Dorina Camelia ILIES**, University of Oradea, Faculty of Geography, Tourism and Sport, Departamentul de Geografie, Turism si Amenajarea Teritoriului

**Grigore HERMAN**, University of Oradea, Faculty of Geography, Tourism and Sport, Departamentul de Geografie, Turism si Amenajarea Teritoriului,

**Ovidiu GACEU**, University of Oradea, Faculty of Geography, Tourism and Sport, Departamentul de Geografie, Turism si Amenajarea Teritoriului

**Stefan BAIAS**, University of Oradea, Faculty of Geography, Tourism and Sport, Departamentul de Geografie, Turism si Amenajarea Teritoriului

**Cezar MORAR**, University of Oradea, Faculty of Geography, Tourism and Sport, Departamentul de Geografie, Turism si Amenajarea Teritoriului

**9. Qualitative analysis of mountain tourism in Padiș area from Apuseni Mountains – Romania**

**Gheorghe LUCACIU**, University of Oradea, Faculty of Geography, Tourism and Sport

**10. Socio-political aspects regarding Romania's participation at the Olympic Games in 1984 at Los Angeles**

**Aspecte social-politice privind participarea României la Jocurile Olimpice din 1984 de la Los Angeles**

**Marius MARINĂU**, University of Oradea, Faculty of Geography, Tourism and Sport

**Alina SUCIU**, University of Oradea, Faculty of Geography, Tourism and Sport

**11. The influence of a specialized methodology in order to develop free throws in U14-U15 basketball competitive field**

**Bogdan Marian OANCEA** - Transylvania University of Brașov, Faculty of Physical Education and Mountain Sport

**Dragoș BONDOLC IONESCU**, Transylvania University of Brașov, Faculty of Physical Education and Mountain Sport

**12. Climatic-tourist potential of Băișoara resort during winter**

**Anca POP**, University of Oradea, Faculty of Geography, Tourism and Sport

**13. Means used for the development of the coordinative capacities in the optional activities at pre-school (kindergarten)**

**Anca Maria SABĂU**, University of Oradea, Faculty of Geography, Tourism and Sport

**Alexandra Florentina BOLDOR**, University of Oradea, Faculty of

**Geography, Tourism and Sport**

**14. Study regarding the difference of anthropometric development of children that practice sport compared with those that are sedentary**

**Ioan Sabin SOPA**, National University of Physical Education and Sport, Bucharest

**Marcel POMOHACI** University “Lucian Blaga”, Faculty of Science, Departament of Environmental Sciences, Physics, Physical Education and Sport

**15. Testing the functional development of children that practice sport compared with sedentary children**

**Ioan Sabin SOPA**, National University of Physical Education and Sport, Bucharest

**Marcel POMOHACI**, University “Lucian Blaga”, Faculty of Science, Departament of Enviroment Sciences, Physics, Physical Education and Sport, Romania

**16. Contributions to the defence training strategies of libero player in the juniors volleyball players (16-18 years)**

**Mariana SZABO-ALEXI**, University of Oradea, Faculty of Geography, Tourism and Sport

**Paul Catalin SZABO-ALEXI**, University of Oradea, Faculty of Geography, Tourism and Sport

**Cristian ȘANTA**, Babeș-Bolyai University, Faculty of Physical Education and Sport, Cluj-Napoca, Romania

**17. Health surveillance in sport - case study: special ambulatory for athletes Craiova**

**Călin Gabriel ȘARLĂ**, West University „Vasile Goldiș” Arad

**18. Nutrient intake at children and adolescents with Down syndrome: a review**

**Mirela ȘTEF**, University of Oradea, Faculty of Geography, Tourism

and Sport

**Alina SUCIU**, University of Oradea, Faculty of Geography, Tourism and Sport

**Daniel COURTEIX**, University Blaise Pascal - Clermont Ferrand, France

**19. Treatment of lower back pain through kinesio taping and postural exercises**

**Emilian TARCĂU**, University of Oradea, Faculty of Geography, Tourism and Sport

**Dorina IANC**, University of Oradea, Faculty of Geography, Tourism and Sport

**Alexandru ROMAN**, Perla Hotel, 1 Mai, Bihor county

**Ilie Cristian COŞARCA**, Tehnological High school “Lucian Blaga”, Reghin

**Izabela LOZINCĂ**, University of Oradea, Faculty of Geography, Tourism and Sport

**20. The role of play in juvenile development from the evolutionary perspective**

**Ioan TRIFA**, University of Oradea, Faculty of Geography, Tourism and Sport

**21. Analiza biomecanică a lovirii mingii cu ristul specifică jocului de fotbal, pentru îmbunătățirea tehniciei de execuție**

**Alexis TARR**, University of Oradea, Faculty of Geography, Tourism and Sport

**Dorina IANC**, University of Oradea, Faculty of Geography, Tourism and Sport

**Gheorghe DUMITRESCU**, University of Oradea, Faculty of Geography, Tourism and Sport

**22. The management of dual career into sports performance in Romania – theoretical dimensions**

**Simona OROS**, University Babeș-Bolyai Cluj-Napoca, Doctoral School of Physical Education and Sport

**Iacob HANȚIU**, University Babeș-Bolyai Cluj-Napoca, Doctoral School of Physical Education and Sport

**Pauza de prânz (13<sup>30</sup>- 15<sup>00</sup>)**  
**Sala mică de gimnastică**

**Vineri, 23 Octombrie 2015**  
**SECTIUNEA WORKSHOP (orele 16<sup>00</sup> – 20<sup>00</sup>)**

**Secțiunea Educație Fizică**

**Sala de atletism**

**16<sup>00</sup> - 18<sup>00</sup> - Pregătirea orientată a organismului pentru efort în lecțiile de cerc sportiv**

**Formatori:** lector univ. dr. Marius MARINĂU

asist. univ. dr. Mirela ȘTEF

lector univ. dr. Alina SUCIU

University of Oradea, DEFSK

**Secțiunea Educație Fizică**

**Sala de gimnastică**

**18<sup>00</sup> - 20<sup>00</sup> - Dezvoltarea creativității în lecțiile de educație fizică**

**Formatori:** lect. univ. dr. Dana CRISTEA

lect. univ. dr. Anca SABĂU

University of Oradea, DEFSK

**Secțiunea Kinetoterapie**

**Sala de kinetoterapie - Sala mică de gimnastică**

**17<sup>00</sup> - 19<sup>00</sup> - Elemente de TAI CHI în programul de kinetoterapie pentru creșterea rezistenței osoase și îmbunătățirea echilibrului**

**Formatori:** conf. univ. dr. Dorina IANC

conf. univ. dr. Carmen ȘERBESCU

University of Oradea, DEFSK